

Retreat Registration

Early Bird: Add \$10 each person after 9/1/26*
Register BY October 8th

1. Use the QR code; or
2. Visit northernlightsdisciples.org; or
3. Mail form & check (memo *Clergy Retreat*):

Northern Lights Region
4227 S Meridian, #C615
Puyallup, WA 98373



Clergy Name: _____

Plus 1 Name: _____

Clergy Phone: _____

Clergy Email: _____

Dietary needs? _____

Special accommodations? _____

Friday/Saturday night: \$55 ea x _____ = \$ _____

Arrive for Friday lunch (MT) thru Sunday Worship

Add Thursday night: \$10 ea x _____ = \$ _____

Arrive 3 pm MT or after. Includes Fri. breakfast.

*Add \$10 each person after 9/1/26 = \$ _____

Total fees due \$ _____



Cane Ridge West Conference & Retreat Center

Located 5 miles east of Lincoln, MT on Hwy 200.
Turn onto Stone-Campbell Drive at the large red chalice.
Cane Ridge West is about ¼ mile from the turnoff.

caneridgewest.org | 406-564-1887

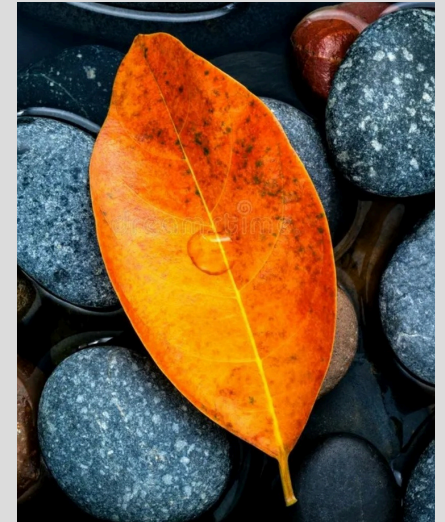


Questions? Contact the Regional Office
(253) 893-7202 x1 or
office@northernlightsdisciples.org

northernlightsdisciples.org

Rhythms of Rest

**A relaxing, refreshing retreat
for Northern Lights Region
clergy, pastors, chaplains,
and their plus ones**



*"53% of pastors say they spend
so much time shepherding and
serving others that it is difficult
to find time in their ministry
schedule to invest in their own
spiritual development."*

Barna Group

**Cane Ridge West
Conference & Retreat Center,
Lincoln, MT
October 16-18, 2026**

Rhythms of Rest

It is essential to practice rhythms of rest!
Rhythms of rest are vital for emotional recharge, connection with God, and spiritual growth.
Renew energy for a new season of ministry.



Time for You

Our time together will begin with lunch Friday, October 16th and conclude after Worship on Sunday, October 18th, but you are encouraged to add Thursday night for \$10 per person for more time to enjoy Cane Ridge West!

Friday night:

Meet & Greet with appetizers, drinks (bring your favorite beverage), and a special speaker after dinner.

Saturday evening:

Conversation with
Regional Minister Paul Allen

Choose Your Moments

Chair massages (\$10 for 10 minutes – pay with cash or Venmo)
Meditation – guided or on your own
Experiencing the labyrinths
Forest bathing – Soak in the atmosphere of the trees. Wander the paths, let your senses guide you.

Creative expression

Reading

Napping

Journaling

Music

Fishing

Hiking

Visiting *Sculpture in the Wild*



Celebration of the Ministry

October is Clergy Appreciation Month. Congregations often extend gifts of gratitude and recognition and may wish to support their pastor's renewal by gifting them time off, pulpit supply, and a weekend retreat.
(Contact the Regional Office for a current Pulpit Supply list.)



What to Bring

Bedding (most beds are twins)
Towels & Toiletries
Musical Instruments
Cash or Venmo for massage:
10 minute chair massage = \$10 + tip

About CRW

A rustic log lodge with shared, single & dorm-style rooms; two cabins with dorm-style sleeping. Shared bathrooms.
Dry camp spaces and shower house.